

WHAT TO BRING LIST RESIDENTIAL CAMP

GENERAL ITEMS

- Bible
- Pen/ pencil & notebook
- Sunscreen
- Insect repellent
- Toiletries (soap, shampoo, toothbrush, deodorant, etc)
- 2 towels (one for shower; one for pool)
- Water bottle
- Laundry bag for dirty clothes

CLOTHING

- Shorts
- Shirts
- Long pants/ jeans (one pair)
- Swimsuit (one is fine, two is better!)
- Socks & underwear
- Sleepwear
- Raincoat/ poncho
- Something to wear to/from shower
- Athletic shoes
- River shoes/ aquatic socks (something with a heel strap)

BEDDING

- Pillow & pillow case
- Sheets & blanket **OR** sleeping bag

OPTIONAL ITEMS

- Prescription medications (to be turned in at check-in)
- Flashlight or headlamp
- Reading material
- Disposable camera
- Hat and/or sunglasses
- Letter writing materials (stamped envelopes/ post cards)
- Life jacket (we provide them, but you may bring your own)
- Musical instrument (if you are attending MAD camp)

NOTES:

Camp is an active place! We ask all swimsuits, shorts, shirts, and shoes to be comfortable, and able to withstand the rigors of this environment. We do not allow saggy pants, strapless tops, or innuendo clothing. Two-piece bathing suits are fine as long as they fasten securely for athletic activities like swimming, canoeing, etc.

REMEMBER

- To label belongings whenever possible- lots of items are left behind
- To pack old clothes- the camp environment can be rough on nice clothes

DO NOT BRING

- Cell phones, tablets, electronics, etc.
- Money, jewelry, valuables
- Food (snacks, soft drinks, etc.)
- Alcohol, tobacco, illegal drugs, electronic cigarettes, vape devices
- Pets
- Large knives or other weapons

