

# HEALTH & WELLNESS SUMMER CAMP 2026

## PRIOR TO CAMP



### PARENTS' ROLE

- In the days before your camp session
  - Ensure your camper doesn't have symptoms of illness
  - Reinforce proper hygiene at home
- Please do not send your child to camp if they have been exposed to someone with flu, COVID-19, strep, or other sickness



### CEDARKIRK'S ROLE

- Training of staff with emphasis on health and wellness and our illness mitigation protocols
- Limiting of external visitors and non-essential persons on site
- Intensified cleaning

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## AT CAMP



### CAMPER INTERACTION

- Continued emphasis on proper hand-washing and personal hygiene techniques



### MEDICAL CARE

- Healthcare officer on site during all sessions
- Daily healthcare monitoring of campers and staff for potential symptoms
- Designated isolation location for anyone displaying symptoms of illness.



### FACILITIES & CLEANING

- Bathrooms and common areas cleaned daily
- Hand-washing stations and sanitizer available



### RESPONSE TO ILLNESS

- Quarantine of campers and staff with symptoms of illness; to be isolated, assessed, and sent home, if appropriate
- Clear communication between camp healthcare staff and parents

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## AFTER CAMP



### LIMIT INTERACTION

- Monitor camper for any symptoms of illness; notify camp immediately if symptoms arise
- Keep your camper apart from relatives with compromised immune systems until you're sure they didn't bring home germs from camp



### HEAR ABOUT CAMP!

- Ask your child open-ended questions about their camp experience so they can share about all their adventures, friendships, and personal/spiritual growth

If you have any questions about our Health & Wellness procedures, please reach out to us!

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