## WHAT TO BRING LIST RESIDENTIAL CAMP

#### GENERAL ITEMS

- Pen/pencil & notebook
- Sunscreen
- Insect repellent
- Toiletries (soap, shampoo, toothbrush, deodorant, etc)
- 2 towels (one for shower; one for pool)
- Water bottle
- Laundry bag for dirty clothes

#### CLOTHING

- Shorts
- Shirts
- Swimsuit (one is fine, two is better!)
- Socks & underwear
- Sleepwear
- Raincoat/poncho
- Something to wear to/from shower
- Athletic shoes
- River shoes/agua socks (something with a heel strap)

#### BEDDING

- Pillow & pillow case
- Sheets & blanket OR sleeping bag

#### **OPTIONAL ITEMS**

- Prescription medications (to be turned in at check-in)
- Flashlight or headlamp
- Reading material
- Disposable camera
- Hat and/or sunglasses
- Letter writing materials (stamped envelopes/post cards)
- Life jacket (we provide them, but you may bring your own)
- Musical instrument (if you are attending MAD camp)
- Bible

### NOTES:

Camp is an active place! All swimsuits, shorts, shirts, and shoes should be comfortable, and able to withstand the rigors of this environment. We do not allow saggy pants, strapless tops, or innuendo clothing. Twopiece bathing suits are fine as long as they fasten securely for athletic activities like swimming, canoeing, etc.

# REMEMBER

- LABEL belongings whenever possible- lots of items are left behind
- PACK old clothes the camp environment can be rough on nice clothes

## DO NOT BRING

- Cell phones, smart watches, tablets, electronics, etc.
- Money, jewelry, valuables
- Food (snacks, soft drinks, etc.)
- Alcohol, tobacco, illegal drugs, vape devices
  - Pets
  - Large knives or other weapons

